

CURRICULUM VITAE

Brittany E. Wyche

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EDUCATION

University of North Carolina at Greensboro, Greensboro, NC, May 2021. PhD in Counseling and Counselor Education. CACREP Accredited. Cognate: Human Development and Family Studies.

Wake Forest University, Winston-Salem, NC, May 2012. Master of Arts in Counseling. CACREP Accredited. Area of Specialization: Clinical Mental Health Counseling.

Wake Forest University, Winston-Salem, NC, May 2008. Bachelor of Arts in Psychology, Bachelor of Arts in English.

LICENSURE AND CREDENTIALING

Licensed Clinical Mental Health Counselor Supervisor (LCMHCS, #S9579), North Carolina Board of Licensed Clinical Mental Health Counselors, September 2021 – present.

Licensed Clinical Mental Health Counselor (LCMHC, #9579), North Carolina Board of Licensed Clinical Mental Health Counselors, December 2014 – September 2021.

Licensed Professional Counselor Associate (LPCA), North Carolina Board of Licensed Professional Counselors, July 2012 – December 2014.

National Certified Counselor (NCC), National Board of Certified Counselors, June 2012 – present.

ADVANCED CLINICAL TRAININGS

Disaster Mental Health Counseling, Mental Health Academy Credential Course, December 2021.

- Completed 31-hour training on culturally responsive disaster mental health counseling.
- Joined virtual consultation community related to training.

Spiritually Integrated Psychotherapy, Association for Clinical Pastoral Education, May 2019 – July 2019.

- Completed a 30-hour training on principles, skills, and case conceptualizations to integrate spirituality into therapy.
- Participated with other trainees in self-reflection and consideration of ethical dilemmas through guided conversations in training.

Dialectical Behavior Therapy, Behavioral Tech: A Linehan Institute Training Company, May 2015 – June 2015.

- Completed an 8-week virtual training group introduction to DBT.
- Met weekly for 1-hour with supervision group and DBT trainer through course of training.

- Read and completed supervised study of central DBT texts.

RESEARCH EXPERIENCE

Research and Assistantship Supervisor, Wake Forest University, Winston-Salem, NC. November 2021 – May 2022; August 2023 – Present.

- Provide support, education, and mentorship to Master's level Counseling student
- Create opportunities for research collaboration with students

Research Team Member and Coder, Dissertation Research, University of North Carolina at Greensboro, Greensboro, NC. June 2023 – September 2023.

Research Team Members: Patty Hickham Tousey (Lead Researcher), Jordan Austin.

- Engaged in consensual qualitative research coding and analysis of study on neuro-informed counseling

Research Group Co-Founder and Co-Investigator, Body Liberation Research and Advocacy Group, University of North Carolina at Greensboro, Greensboro, NC. August 2018 – April 2023.
Co-founders: Dr. Lindsey Umstead, Kelsey Domann-Scholz.

Co-contributors: Brittany Putnam, Dr. Kelly King.

- Co-wrote manuscript on CQR study on broaching body size in clinical work
- Collected and managed qualitative data for consensual qualitative research analysis on broaching body size in therapeutic relationships
- Designed study on broaching body size in counseling relationship.
- Co-created and developed research agenda.
- Determined research needs.
- Defined group mission and values.

Principal Investigator, Dissertation Research, University of North Carolina at Greensboro, Greensboro, NC. May 2020 – May 2021.

- Conducted case study research and collecting qualitative data, including interviews, artifact review, and class observations, to explore how a course on trauma is designed and implemented and the impact the course has on students.
- Coordinated with Dissertation Committee to incorporate feedback on research in study.
- Responsible for submitting IRB documents for study.
- Designed case study research to explore the case of a class on trauma for MA level counselors-in-training.

Research Team Member and Coder, Dissertation Research, University of North Carolina at Greensboro, Greensboro, NC. November 2019 – January 2020.

Research team members: Maddy Morris (Lead Researcher), Phyllis Eicher.

- Completed training for coding of research participant tapes.
- Provided feedback and assist in revision of coding definitions with research team.
- Completed coding of research data points.

- Worked to arrive at consensus with research team on coding labels.

Doctoral Intern and Graduate Assistant, Addictions Research and Clinical Health Program, Wake Forest Baptist Health, Winston-Salem, NC. January 2019 – July 2019.

Research team members: Dr. Laura Veach, Dr. Elizabeth Shilling, and Olivia Smith.

- Collaborated on research review and development for Applied Suicide Intervention Skills Training implementation in hospital setting.
- Developed proposal for additional year of funding for ASIST research project
- Participated in review meeting with donors to secure funding.

Research Assistant, Counseling and Education Department, University of North Carolina at Greensboro, in partnership with the Family Justice Center, Greensboro, NC. August 2018 – May 2019

Professor: Dr. Christine Murray

- Engaged in writing and review for articles for publication
- Assisted in compiling and analyzing survey outcome data
- Assisted in development and writing of qualitative reports
- Conducted literature review on work of Family Justice Centers nationally
- Compiled Family Justice Center Assessment Toolkit

Staff Counselor, Guilford College, Greensboro, NC. March 2014 – July 2018

- Assisted in compiling and analyzing Center statistics to evaluate counseling program
- Developed additional statistical methods of tracking client acuity
- Provided report of descriptive statistics to Center Director and Dean of Students

Teaching Assistant, Counseling Department, Wake Forest University. January 2012 – May 2012

Research partners: Dr. Debbie Newsome, Dr. Paige Greason, Dr. Donna Henderson, Carolyn McCarthy

- Conducted literature review on use of Mindfulness practices and techniques in counseling and parent training with ADHD populations
- Worked with team to develop presentation of research
- Participated in presenting research at American Counseling Association Conference in Spring of 2012

Teaching Assistant, Counseling Department, Wake Forest University. January 2011 – May 2012

Professor: Dr. Debbie Newsome

- Assisted in editing and organization of Clinical Mental health textbook and departmental projects
- Completed additional research or editing tasks as needed

Research Assistant, Counseling Department, Wake Forest University, August 2011 – May 2012

Professor: Pamela Karr

- Assisted in various departmental organizational and development tasks
- Updated and expanded video archive of counseling techniques
- Created recommended resource reading list for counseling students

Research Assistant, Screening and Brief Intervention Study, Trauma Unit, Wake Forest Baptist Hospital. January 2011 – May 2011 Supervisor: Dr. Laura Veach

- Provided Brief Interventions to trauma unit patients meeting study substance use requirements
- Entered and tracked data for research team
- Conducted follow-up phone calls to study participants
- Utilized Spanish language skills to conduct select screenings and follow-up calls

Research Assistant and Intern, Forsyth Mental Health Association, Winston-Salem, NC. June 2006 – December 2007 Research Advisors: Pam Forrester, Dr. Andy Hagler

- Completed data entry for study on changes in North Carolina behavioral mental health system

PUBLICATIONS

Wyche, B.E. (2021). *Preparing Master's level counselors-in-training to work with trauma*. Doctoral Dissertation, The University of North Carolina at Greensboro. ProQuest.

Murray, C.E., Lay, A., Wyche, B.E., & Johnson, C. (2020). Professionals' perceptions of the impact of a family justice center: A four-year, cross-sectional study. *Journal of Aggression, Conflict and Peace Research*, 12(4), p. 223-238.

Murray, C.E., Wyche, B.E., & Johnson, C. (2020). The community level impact of a Family Justice Center: Indicators from the Guilford county Family Justice Center. *Journal of Aggression, Conflict, and Peace Research*, 12(1), p. 1-20.

PRESENTATIONS

Presenter, Association for Counselor Education and Supervision Conference, American Counseling Association, October 2023. 50-minute Education Session.

- Presentation topic: Teaching Trauma

Co-Presenter, International Association for Resilience and Trauma Counseling, Webinar Series, January, 2023. Co-Presenter: Patty Hickham Tousey. Webinar.

- Presentation topic: Trauma-Informed Teaching

Presenter, Winston-Salem Eating Disorder Coalition: Fall 2021 Best Practices in the Prevention and Treatment of Disordered Eating Series, Northwest Area Health Education Center, December, 2021. Webinar.

- Presentation topic: Best Practices in the Prevention and Treatment of Disordered Eating Series: The Intersection of Trauma and Eating Disorders

Co-Presenter, Virginia Counselors Association Convention, Virtual Convention, November, 2021. Co-Presenter: Jennifer K. Niles. Webinar.

- Presentation topic: School counselor supervision with a relational cultural theoretical lens

Co-Presenter, Association for Counselor Education and Supervision Conference, American Counseling Association, October 2021. 50-Minute Education Session.

Co-Presenter: Jennifer K. Niles

- Presentation topic: School counselor supervision with a relational cultural theoretical lens

Guest Lecturer, Counseling and Educational Development Department, University of North Carolina at Greensboro, Fall 2019 and Spring 2021.

Instructors of Record: Patty Hickham, Dr. Chanel Rodriguez, Dr. L. DiAnne Borders, and Dr. Lindsey Umstead.

- Speaker to Spring 2021 CED 645: Mental Health Issues in Genetic Counseling on trauma- informed supervision
- Speaker to Spring 2021 CED 757: Teaching Practicum doctoral students on designing courses using backwards design theory and research
- Co-Speaker to Spring 2020 CED 687: Diagnosis and Treatment planning on trauma-related diagnoses
- Speaker to Fall 2019 CED 310: Helping Skills on utilizing a Health at Every Size framework in helping relationships

Conference Attendee and Student Presenter, American Counseling Association Annual Conference, San Francisco, California. Spring 2012

- Attended training sessions and presentations
- Assisted with poster presentation of research on mindfulness
- Networked with other professional counselors

TEACHING EXPERIENCE

Assistant Teaching Professor, Counseling Department, Wake Forest University, July 2023 – Present.

- Lead Instructor for 742: Group Procedures in Counseling in online MA program
- Lead Instructor for 721: Research and Statistical Analysis in Counseling in online MA program
- Instructor for 744B: Clinical Mental Health Internship in on-campus MA program
- Departmental Service: Clinical Committee; Health and Human Services Minor Committee; Practitioner Instructor Training Taskforce.

Visiting Assistant Professor, Counseling Department, Wake Forest University, July 2021 – June 2023.

- Instructor for 337: Skills in Health and Human Services in undergraduate Health and Human Services minor
- Instructor for 739: Advanced Skills & Crisis Management in online MA program
- Instructor for 737: Basic Skills in online MA program
- Instructor for 771: Clinical Mental Health Counseling in online MA program
- Instructor for 334: Ethics in Health and Human Services in undergraduate Health and Human Services minor
- Instructor for 790: Professional Capstone in on-campus MA program
- Instructor for 342: Group Procedures in on-campus undergraduate Health and Human Services minor
- Instructor for 736: Appraisal Procedures for Counselors in on-campus MA program
- Lead Instructor for 736: Appraisal Procedures for Counselors in online MA program
- Lead Instructor for 721: Research and Statistical Analysis in Counseling in online MA program
- Departmental Service: Health & Human Services Minor Committee; participated in Admissions Committee work; participated in Student Progress Taskforce

Practitioner Instructor, Counseling Department, Wake Forest University. January 2015 – August 2022. Professors: Dr. Alison Forti, Dr. Shannon Warden, Dr. Cheyenne Carter, Dr. Jessica Martin, Dr. David Johnson, Dr. Bob Nations. Dr. Amy Grybush, Dr. Nathaniel Ivers, Dr. Philip Clarke, Dr. Sarah Moore.

- Rotated assistance in four Master's level courses on a part-time, contract basis: 762, Issues in Clinical Mental Health; 736, Appraisal Procedures; 790, Integrative Learning Capstone; 747, Cultures and Counseling; 765, Addictions Counseling; 738, Practicum.
- Graded weekly assignments in a timely manner according to course rubrics
- Assessed student competency over the course of seven weeks via online methods
- Provided students with timely and thorough feedback
- Provided support and guidance to students for any questions or concerns
- Engaged in discussion with students via student forums and online announcements, as well as weekly office hours
- Communicated with Lead Professor regarding student concerns and around gatekeeping issues
- Submitted feedback to program on efficacy of assignments and online-delivery

Co-Instructor, School of Counseling, Lenoir-Rhyne University, January 2021 – May 2021. Co-Instructor: Patty Hickham.

- Co-taught Master's level elective course, COU 583: Trauma Counseling
- Engaged in course planning and design to deliver course material virtually with co-instructor

Instructor of Record, Counseling and Educational Development Department, University of North Carolina at Greensboro. August 2019 – May 2020 and January 2021 – May 2021.

- Taught CED 474: Stress Management to undergraduate students
- Taught CED 310: Helping Skills to undergraduate students
- Taught CED 210: Career & Life Planning to undergraduate students

Guest Lecturer and Instructor Support, Counseling and Educational Development Department, University of North Carolina at Greensboro, August 2020 – December 2020.

- Provided as-needed classroom support and mentoring to doctoral instructors of record, particularly if instructors needed time off due to illness.
- Completed additional trainings and independent research on teaching online during a pandemic.
- Guest-lectured in CED 310: Helping Skills and CED 474: Stress Management.

Course Redesign and Curriculum Development Project, Counseling and Educational Development Department, University of North Carolina at Greensboro, April 2020 – December 2020.

- Created new departmental course via redesign, CED 474: Stress Management.
- Worked with department faculty to edit course for general education curriculum to be accessible to wider undergraduate audience.
- Aligned course syllabus with health and wellness undergraduate learning outcomes.
- Completed Ready to Teach and Growing with Canvas trainings in Summer 2020 to prepare for course design and adaptation of traditional, face-to-face undergraduate courses to hybrid and online delivery.
- Completed two-day Course Design Incubator program in Summer 2020 to learn about backward-design for course development and other best practices in designing curriculum.

Co-Instructor, Counseling and Educational Development Department, University of North Carolina at Greensboro. May 2019 – July 2019.

Professor: Dr. Carrie Wachter Morris. Co-Instructor: Madeleine Morris, Doctoral Student.

- Participated in development and revision of course on Youth in Crisis to strengthen trauma-based curriculum.
- Provided in-class lectures on trauma treatment, recovery, and advocacy.
- Constructed case examples for student engagement.
- Completed grading tasks as assigned in Canvas.

Participant, The Rebecca Carver Institute, The Educational Leadership and Cultural Foundations Department, University of North Carolina at Greensboro in partnership with the Center for Creative Leadership. May 2019.

- Selected for participation in a two-day institute workshop on experiential teaching.
- Trained in experiential education principles and mindsets.

- Learned about growth mindset and curricular design.
- Developed awareness of the characteristics of effective facilitation and leadership capacities.
- Designed an experiential module for future application .
- Collaborated with other community members with a shared interest in experiential education.

Teaching Assistant, Counseling Department, Wake Forest University. August 2011– May 2012

Professors: Dr. Debbie Newsome, Dr. Jennifer Rogers, Heidi Robinson

- Developed experiential group curriculum for first year counseling students
- Provided feedback and classroom instruction to first year counseling students in Group Counseling course
- Assisted in giving feedback to undergraduates enrolled in career exploration courses
- Collaborated with other assistants to complete additional assigned tasks
- Participated in planning and leading of Basic Skills class for first year counseling students
- Provided written and verbal feedback in supervisory capacity to first year Master's in Counseling students

Small-Group Teacher and Leader, Career Preparation Course, Counseling Department, Wake Forest University. January 2011 – May 2011

- Educated undergraduate students on career opportunities and personal development
- Fostered team work and self-expression among small groups to assist students in gaining self-awareness
- Provided students with feedback on resumes and interview skills

SUPERVISION EXPERIENCE

University Supervisor Internship Instructor, Wake Forest University, Winston-Salem, NC, August 2023 – Present.

- Serve as supervisor for 6 students completing 744B: Clinical Mental Health Internship in on-campus MA program
- Facilitate group supervision
- Evaluate student progress and development
- Navigate site relationships and challenges in support of students and department

Supervisor for Licensure, Salem Bloom Counseling, PLLC, Winston-Salem, NC, September 2021 – Present.

- North Carolina Clinical Supervisor to multiple provisionally licensed counselors
- Engage in regular supervision and give feedback on skill and professional development
- Provide written feedback and documentation to the licensing board

University Supervisor Practitioner Instructor, Wake Forest University, Winston-Salem, NC, May 2022 – August 2022.

- Served as supervisor for 6 students completing 738: Practicum course in online MA program
- Facilitated group and triadic supervision sessions

Doctoral Intern and Supervisor, Nicolas A. Vacc Clinic, University of North Carolina at Greensboro, Greensboro, NC, January 2021 – May 2021.

- Supervise four first-year Master's in Counseling students in their Advanced Practicum experience in UNCG Vacc Clinic
- Provide virtual weekly individual and group supervision

Doctoral Intern and Supervisor, University of North Carolina at Greensboro, Greensboro, NC, August 2020 – December 2020.

- Supervised four second-year Master's in Counseling students in their first semester of Internship, three school counseling interns and one clinical mental health intern.
- Provided virtual bi-weekly individual supervision with alternate bi-weekly group supervision.
- Completed advanced training on trauma-informed supervision for school counseling interns as part of their placement in trauma-informed schools.
- Provided active support as students navigated challenges of completing internship hours during a pandemic, including brainstorming and advocacy efforts within educational institutions and internship sites.

Doctoral Intern and Supervisor, Nicolas A. Vacc Clinic, University of North Carolina at Greensboro, Greensboro, NC. January 2020 – April 2020.

- Supervised three first-year Master's in Counseling students in their Advanced Practicum experience in UNCG Vacc Clinic.
- Provided weekly individual and group supervision.
- Served on-call in Vacc Clinic and consulted as needed with students

Doctoral Intern and Graduate Assistant, Addictions Research and Clinical Health Program, Wake Forest Baptist Health, Winston-Salem, NC. January 2019 – July 2019.

- Supervised Master's level intern in ARCH program as site supervisor through live and taped observation, providing feedback on skills and utilizing Socratic questioning to enhance case conceptualization
- Supervised Master's level intern in WFU Counseling program as site supervisor through live and taped observation; provided feedback on skills and case conceptualizations, and engaged in professional development exploration, as well as self-care.

Graduate Assistant for Practicum Groups, University of North Carolina at Greensboro, Greensboro, NC. August 2018 – December 2018

- Facilitated practicum group for second year Masters' students in Substance Use Disorders course
- Facilitated practicum group for first year Masters' students on multicultural immersion experience
- Facilitated practicum group for first year Masters' students in Theories and Helping Skills course to develop counseling skills

Staff Counselor, Guilford College, Greensboro, NC. March 2014 – July 2018

- Assisted in professional development of Center intern and served as site supervisor in formal and informal capacities
- Participated in interview and hiring processes for staff and interns

Residential Counselor, Qualified Mental Health Professional, Lead Medical Technician and Team Lead, The Children's Home, Winston-Salem, NC. July 2008 – September 2010

- Promoted to Lead Medical Technician and became responsible for team compliance with medication documentation
- Promoted to Team Lead and responsible for structuring shift and communicating with supervisors regarding clinical and staffing issues

CLINICAL EXPERIENCE

Founder and Counselor, Salem Bloom Counseling, PLLC, Winston- Salem, NC. May 2019 – Present.

- Offer individual face-to-face and teletherapy to adults, ages 18+.
- Utilize integrative, person-centered, and trauma-informed approaches to clients with variety of mental health needs, diagnoses, and goals.
- Manage part-time caseload on an on-going basis.
- Created private practice to provide individual, outpatient therapy and community consultation.

Doctoral Intern and Graduate Assistant, Addictions Research and Clinical Health Program, Wake Forest Baptist Health, Winston-Salem, NC. January 2019 – July 2019.

- Conducted screenings and brief interventions for substance use, acute stress disorder, and posttraumatic stress disorder.
- Began implementing Applied Suicide Intervention Skills Training (ASIST) protocol with patients who are hospitalized following suicide attempt.
- Offered supportive counseling to individuals and families in trauma, burn, and medicine units.
- Referred clients to further treatment when appropriate.
- Participated in team debriefing and care coordination for patient advocacy when indicated.

Advanced Practicum Student, Nicholas A. Vacc Clinic, University of North Carolina at Greensboro, Greensboro, NC. August 2018 – December 2018

- Conducted intake assessments
- Provided individual therapy to college students and members of the community
- Provided crisis response as needed

Staff Counselor, Guilford College, Greensboro, NC. March 2014 – July 2018

- Conducted assessments to triage, diagnose, and recommend treatment
- Provided individual and group therapy to traditional college age students
- Provided crisis response, intervention, and management for campus and served as additional on-call resource
- Screened for appropriate use of consulting psychiatrist and engaged in treatment planning when needed
- Engaged in outreach and advocacy through campus programming
- Maintained knowledge of campus and local off-campus resources to provide referrals and support to students, families, faculty, and staff
- Collaborated with and served as liaison for off-campus therapeutic and medication management referrals
- Balanced competing individual, campus, and Center needs
- Worked to update Center materials, such as handouts, website information, brochures, and training materials
- Worked to standardize Center policies, procedures, and documentation
- Participated in on-going professional education and development

Outpatient Therapist, RHA Behavioral Health Services, Winston-Salem, NC. April 2013 – March 2014

- Navigated agency transition following RHA's buyout of Triumph and guided clients through this process to continue receiving care
- Provided office-based individual outpatient therapy to children and adults
- Coordinated care with psychiatrist, family, and school as needed
- Conducted assessments to diagnose and recommend treatment
- Collaborated and built relationships with public schools to provide school-based therapy to elementary and high school students
- Engaged in crisis response and intervention, including on-call management
- Completed appropriate documentation for Medicaid and IPRS billing
- Connected clients to additional referrals and case management
- Utilized supervision and consultation in team setting appropriately

Outpatient Therapist, Triumph LLC, Winston-Salem, NC. November 2012 – April 2013

- Provided office-based individual outpatient therapy to children and adults
- Coordinated care with psychiatrist, family, and school as needed

- Conducted assessments to diagnose and recommended treatment
- Collaborated with public schools to provide school-based therapy to elementary school students across multiple counties
- Engaged in crisis response and intervention, including on-call management
- Completed appropriate documentation for Medicaid and IPRS billing
- Utilized supervision and consultation in team setting appropriately

Family Counselor, Youth Villages, Greensboro, NC. June 2012 – November 2012

- Received extensive training and supervision in multisystemic family therapy
- Managed caseload of approximately four families with one adolescent as the identified client due to legal involvement
- Worked across five systems (individual, family, school, community, peer) to improve child and family functioning
- Provided in-home individual and family therapy sessions on a weekly basis
- Provided 24-hour crisis response services
- Assisted clients in meeting educational and vocational goals, relationship and behavioral goals, and ending legal involvement while maintaining in-home placement
- Collaborated with key players to empower families and improve systemic communication
- Attended treatment team planning meetings to collaborate and build relationships in school and juvenile justice system
- Accompanied clients to court and participated in meetings and goal setting with probation officers

Counseling Intern, Salem College, Winston-Salem, NC. August 2011 – May 2012

- Managed caseload of 10-25 women and trans/nonbinary identified individuals ages 18-22
- Led Sexual Assault and Relationship Violence group
- Participated in development of educational and advocacy based programs for college campus around depression, sleep hygiene, healthy relationships, and grief processes
- Led college transition group for first year students adjusting to academic environment
- Utilized university and site supervision to improve clinical skills, professional development, and consult

Practicum Student, Wake Forest Baptist Hospital Trauma Unit, Winston-Salem, NC. January 2011 – May 2011

- Conducted alcohol screenings and brief interventions with trauma patients
- Participated in research study examining effects of counselors working in hospital settings
- Learned motivational interviewing techniques through supervision and training
- Advocated for counseling profession with doctors and nurses
- Attended doctors' rounds to familiarize self with hospital procedures, learn about cases, and to provide counseling perspective in meetings

- Developed initial connections with Pediatric and Burn Units for potential future expansion of program

Residential Counselor, Qualified Mental Health Professional, Lead Medical Technician and Team Lead, The Children's Home, Winston-Salem, NC. July 2008 – September 2010

- Provided therapeutic interventions and daily care to teenaged clients
- Implemented behavioral system throughout cottage and monitored client progress and compliance
- Learned de-escalation and crisis response skills
- Engaged staff and clients in safety planning and maintained safety of clients, staff, and cottage as a whole
- Administered medications and completed documentation appropriately daily
- Participated in required trainings, including CPR and CPI, to maintain intervention certifications
- Became knowledgeable about community health resources, as well as community resources for working with youth in out-of-home placements
- Assisted in professional development of co-workers through trainings and office coordination
- Collaborated with Day Treatment professionals, school resources, therapists, families, and other key players for client development and treatment

CONSULTATION

Founder and Counselor, Salem Bloom Counseling, PLLC, Winston-Salem, NC. May 2019 – Present.

- Offer consultation to counselors in community on as-needed, requested basis.
- Provided virtual, public psychoeducation opportunity through community groups on process of finding a counselor/therapist and navigating insurance.
- Assisted in training module for NCA-STAR through UNCG for training on trauma diagnosis in February 2022
- Gave feedback on assessment textbook revision for Pearson December 2021

Graduate Assistant, Nicholas A. Vacc Clinic, University of North Carolina at Greensboro, Greensboro, NC. August 2018 – May 2020.

- Served as on-call consultation resource to Masters students and clinic for safety and crisis response.
- Created referral resource of local counselors.

Staff Counselor, Guilford College, Greensboro, NC. March 2014 – July 2018

- Assisted Director in office management and consulted on Center systemic needs
- Consulted with CC staff regarding caseloads, interventions, and scheduling
- Provided crisis consultation to staff, faculty, and parents
- Participated in campus committees and discussion groups

- Connected and collaborated with faculty and staff to advocate for and educate about Counseling Center, and to provide consultation

PROFESSIONAL SERVICE

Conference Committee Member, International Association for Resilience and Trauma Counseling, August 2022 – Present.

- Joined conference committee to assist in planning for inaugural ACA division conference

President Elect, President, and Past President, Chi Sigma Iota, Upsilon Nu Chi Chapter, Greensboro, NC. May 2018 – May 2021.

- Provided mentorship to incoming President Elect and Acting President.
- Provided on-going support to Leadership Team as needed.
- Coordinated with Chapter Faculty Advisor through various faculty transitions.
- Completed required responsibilities of Executive office.
- Co-created and led brown bag workshop on counselors seeking counseling.
- Learned about history of Chapter and responsibilities of Executive office.
- Provided support to acting President as needed.

COMMUNITY SERVICE

Volunteer, CONTACT HELPLine, Family Services, Winston-Salem, NC. November 2007 – October 2008

- Responded to crisis line calls in Forsyth County
- Completed Family Services crisis response training
- Conducted outreach calls to vulnerable populations

Advocate, Mentor, and Member, Policy Group on Rape Education Prevention and Awareness (PREPARE), Wake Forest University, Winston-Salem, NC. Spring 2006-Spring 2008

- Advocated for awareness and prevention of rape and sexual assault on college campus
- Facilitated educational trainings for first year college students regarding sexual assault and gender myths
- Trained to respond to survivors of rape or sexual assault and accompany to hospital and work through campus legal processes
- Participated in planning and production of speak-outs and Tie-A-Yellow Ribbon week

TRAVEL EXPERIENCES

Conference Attendee, American Counseling Association Annual Conference, Toronto, Canada. Spring 2023.

- Attended training sessions and presentations
- Networked with other professional counselors

Conference Attendee, American Counseling Association Annual Conference, Montreal, Canada. Spring 2016.

- Attended training sessions and presentations
- Networked with other professional counselors

Student, Counseling Course on Vienna Theorists, Wake Forest University, Vienna, Austria. Summer 2011

- Presented in course on history of Freudian theory and clinical significance
- Studied influential Viennese counseling theorists in context
- Traveled independently following course to the Czech Republic, Germany, Italy, France, and Spain

Volunteer, Mission of Good Hope Project, Wake Forest University, South Africa. Summer 2008
Participated in individual and group fundraising efforts

- Provided resume training, interview skill-building, and computer skills to residents of Kayamandi township
- Practiced interview and job search skills with participants
- Participated in educational courses and excursions while there to learn about South Africa's history and societal structure
- Collaborated with Stellenbosch University

Student, University of Salamanca, Wake Forest University, Salamanca, Spain. Spring 2007
Studied Spanish language, culture, and history to gain proficiency

- Lived with host family to understand cultural implications in the home
- Completed an internship at a local elementary school teaching English to Spanish students
- Traveled independently and within course throughout Spain, Italy, and Portugal to expand knowledge of Spanish and European cultures and histories

ADDITIONAL SIGNIFICANT EXPERIENCES

Graduate Assistant, Graduate School of Arts and Sciences, Wake Forest University, Winston-Salem, NC. Fall 2010 – Spring 2011

- Assisted Graduate School Office in the recruitment of students
- Completed required office tasks, including organizing and filing student records
- Established contact and served as resource for potential students
- Processed graduate school applications

Coordinating Director, Assistant Director, Member, Living Parables Christian Drama Troupe, Wake Forest University, Winston-Salem, NC, Fall 2004 – May 2008

- Developed themes, scripts, and performance sets each semester to present at local churches and service organizations
- Mentored fellow troupe members and worked towards spiritual and artistic development of group members
- Managed performance contacts and member schedules

- Planned retreats and tours for troupe
- Advertised and promoted group on campus and in Winston-Salem community

COMPUTER AND LANGUAGE SKILLS

- Microsoft Office Products, Zoom, SPSS, Sakai, Anthology/Chalk & Wire, Sway, Banner, Canvas, VoiceThread, WebEx, Zoom, Weebly, Squarespace, Simple Practice, Google products, and social media platforms.
- Intermediate competency in speaking, writing, and reading Spanish.

MEMBERSHIPS

American Counseling Association, Member. September 2010 – present

International Association for Resilience and Trauma Counseling (Division of ACA), Member. September 2021 – Present.

Association for Assessment and Research in Counseling (Division of ACA), Member, September 2021 – Present.

Association for Counselor Education and Supervision (Division of ACA, Southeastern ACEs), Member. September 2020 – Present.

American College Counseling Association (Division of ACA), Member. March 2015 – September 2021.

Winston-Salem Eating Disorder Coalition, Member. May 2019 – December 2022.

Chi Sigma Iota, Member. February 2011 – December 2012; August 2018 – Present.

Chi Sigma Iota, President-Elect, President, and Past President. August 2018 – May 2021.